I CLAIM:

- 1. A gardening system comprising a container having a bottom wall and a side wall extending upwardly therefrom, a soil support insert spaced from said bottom wall to define a space between said bottom wall and said soil support insert, at least one wall extending downwardly from said soil support member to define a cavity, a plurality of apertures in said downwardly extending wall, water in said container, an air-space between an upper surface of said water and said soil support member, a non-soil growing medium within said cavity, said non-soil growing medium including mycorrhizal fungi, and a soil on top of said non-soil growing medium.
- 2. The gardening system of Claim 1 wherein said apertures comprise a plurality of spaced apart slots formed in said downwardly extending wall.
- 3. The gardening system of Claim 2 wherein said slots have a width of between 1.5 and 3 mm..
- 4. The gardening system of Claim 1 wherein said non-soil growing medium comprises vermiculite or any root growth promoting material that is environment friendly, hydrophilic, non toxic, imputrescible, inert and light.
- 5. The gardening system of Claim 4 wherein there are provided a plurality of walls extending downwardly to thereby define a plurality of cavities, each of said downwardly extending walls having a plurality of elongated slots formed therein.
- The gardening system of Claim 5 wherein said plurality of cavities comprises at least 2 cavities in a side by side relationship.
- 7. The gardening system of Claim 1 wherein said container has a plurality of said soil support inserts placed therein.
- -8. The gardening system of Claim 7 wherein said soil support inserts have an overall

arcuate configuration.

- 9. The gardening system of Claim 3 wherein said elongated slots are defined by parallel ribs therebetween, each of said ribs having an arcuate inner surface to prevent damage to the roots growing therethrough.
- 10. The gardening system of Claim 3 wherein said elongated slots are defined by parallel ribs therebetween, each of said ribs being made of a compliant material to allow root growth and root diameter increment therethrough.
- 11. A gardening system comprising a container having a bottom wall and a side wall extending upwardly therefrom, a soil support insert spaced from said bottom wall to define a space between said bottom wall and said soil support insert, at least one wall extending downwardly from said soil support member to define a cavity, a plurality of apertures in said downwardly extending wall, water in said container, an air-space between an upper surface of said water and said soil support member, a non-soil growing medium within said cavity, a vesicular-arbuscular mycorrhizal inoculum placed on top of said non-soil growing medium and a soil on top of said mycorrhizal inoculum.
- 12. A gardening method comprising the steps of supplying a gardening system comprising a container having a bottom wall and a side wall extending upwardly therefrom, a soil support insert spaced from said bottom wall to define a space between said bottom wall and said soil support insert, at least one wall extending downwardly from said soil support member to define a cavity, a plurality of apertures in said downwardly extending wall, water in said container, an air-space between an upper surface of said water and said soil support member, putting a non-soil growing medium within said cavity, placing a vesicular-arbuscular mycorrhizal inoculum on top of said non-soil growing medium and subsequently putting a soil on top of said mycorrhizal inoculum.